

“ FISH MARKET ”

ANY FISH \$12.95

AILE DE RAI

Seared Local skate wing filet

MAHI MAHI

Grilled mahi-mahi filet

FILET DE FLETAN

Braised local jumbo flounder filet

TILAPIA

Seared tilapia filet

TRUITE ARC-EN-CIEL

Pan seared butterflied rainbow trout

MOULES MARINIÈRES

Farm-raised Newfoundland steamed mussels,
white wine, and shallots

FILET MIGNON DE SAUMON \$3.00 EXTRA

Grilled organic Atlantic salmon filet

BROCHETTE DE LA MER

Shrimps and Scallops Brochette

SAUCE

(Choose one)

Provencale

Tomato, basil, olives, olive oils

Brunoise

(Vegetable, garlic oils)

Gribiche

Caper, cornichon, olive oil, chopped egg white

Lemon Caper

Lemon butter, caper

ADD AN APPETIZER

SOUPE A L'OIGNON \$5.95

Classic French onion soup with Gruyere cheese

TOMATE MONTRACHET \$5.95

Goat cheese and fresh pesto filled sliced organic
tomato, warm vinaigrette

SALADE DE MESCLUN \$4.95

Mixed organic greens with Provencal herbs and
champagne vinaigrette

VELOUTE DE TOMATE AU CHEVRE \$5.95

Organic tomato bisque with basil goat cheese

SIDE ORDERS

ASSORTED GRILLED VEGETABLES \$6.95

MASHED POTATOES \$4.95

MIXED GREEN SALAD \$5.95

SAUTÉED SPINACH \$5.95

ROSEMARY SAUTÉED POTATOES \$4.95

GARLIC FRENCH FRIES \$4.95

SAUTÉED WILD MUSHROOMS \$7.95

STEAMED STRING BEANS \$6.95